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Models of Holistic Education and Their Relevance in India

Authored by

Mr. Sandeep Karabhari

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Models of Holistic Education and Their Relevance in India

Mr. Sandeep Karabhari

Education has been traditionally associated with memorization and lecture learning, both of which vary from student to student. In order for education to become more than just a predetermined pattern of learning, it is necessary to modify how it is perceived and what it stands for. This study also emphasises how, when discussing education for students, we frequently overlook the needs of the young minds. This makes us believe that a fundamental shift is necessary, and the Holistic Education model finds the ideal balance between many different areas of learning, not just

The Holistic Education Model fosters children's ability to think critically and one. distinguish between right and evil, allowing them to go beyond being merely passive observers and advancing their overall development. As the study continues with a real-world example that has altered the dynamics of schooling for young people, the significance of the same becomes clear. This study aims to provide a starting point for additional research on the subject because it has not previously received adequate attention.

Introduction

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The way we educate has changed significantly over time, yet for far too long we've been concentrating on the wrong things, with ruined strategies and ingrained repetition. Since the beginning of time, teachers and students have been two key components of all learning and teaching methods. It's important to remember, though, that learning is a two-way process, and that both ends' efforts are equally crucial.

Because of these flaws in how government policies are put into practise, more people are targeted for a given programme than end up benefiting from it.

All of this leads to the inquiry, "Why isn't the conventional method suitable for a child?" Moreover, despite the fact that government initiatives might persuade parents to enrol their kids in school, they frequently fail to keep them there. something that requires a fundamental shift in approach.

Holistic Education- The Game Changer

The foundation of holistic education is the idea that each person derives identity, significance, and purpose from relationships with others, the natural environment, and spiritual principles like compassion and peace. An underlying respect for life and a fierce love of study are two goals of holistic education. This is accomplished by direct interaction with the environment rather than through an academic "curriculum" that distils the universe into discrete educational units. Having a holistic education fosters wonder. (infed.org, 2013)

True to its name, holistic education emphasises the full development of a student rather than focusing exclusively on particular aspects of the human experience. It encourages development in all spheres of human experience, including intellectual, emotional, social, and so forth, while deemphasizing materialism. Holistic education proponents contend that it encourages healthy interactions not only among individuals but also between those individuals and their surroundings. When considered as a whole, holistic education place a significantly larger emphasis on democratic learning, emotional well-being, and interpersonal development than the traditional learning environment.

Holistic education aims at:

- Putting a focus on experiential learning and offering practical assignments and opportunities
- Providing opportunity for group work and social skill development on a regular basis
- Promoting understanding and action as the main learning objectives rather than memorization
- Encouraging cooperation and collaboration over competition
- Preparing students for democracy and social responsibility
- Fostering lifelong learning



Drawbacks

It is far too common to believe that sending a child to school for six hours a day for half the year is sufficient and fulfilling for their academic development, which is not entirely true. With the current system, pupils are left with more textbooks than useful information.

- One-way lectures prevent students from developing their creative learning skills since they place them in a passive position.
- All students are assumed to learn at the same rate and level of understanding during lectures.
- They are not effective in teaching motor skills, influencing attitudes or values, or teaching higher-order thinking skills like application, analysis, synthesis,
- The emphasis on listening during lectures disadvantages students with various learning preferences.
- They call for longer concentration spans, which differ from student to student.

(Advantages and Disadvantages of Lectures, n.d.) Maria Montessori said, "Education cannot be effective unless it helps a child open up himself to life" and this is where the concept of Holistic education comes into the picture.

The dynamics of education will shift irrevocably the day we stop lagging behind lecture learning and begin devoting time and resources to developing better learning

Paper and in-action government policies

Schemes like Beti Bachao, Beti Padhao quantitatively aims at addressing the declining Child Sex Ratio in India and qualitatively aims at "changing mindsets regarding the girl child's education". The approach, conceptualised by the government, involved "multi-sectoral action" through three ministries: Women and Child Development, Health and Family Welfare and Human Resource Development. However, four years later, data released by the government show that its main aim has been publicity. Over 56 per cent of the funds allocated under the 'Beti Bachao Beti Padhao' scheme from 2014-15 to 2018-19, was spent on "media-related activities". In contrast to this, less than 25 per cent of the funds were disbursed to districts and states. Over 19 per cent of the funds weren't released by the government

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Putting less emphasis on the usage of textbooks and more on other types of learning tools. Since more than ten years ago, nations like Japan and New Zealand have been attempting to include the holistic or whole model of education into their regular curricula and have noticed substantial behavioural changes in children. But putting holistic education approaches into practise in urban slums is a difficulty.

Knowing how to introduce the holistic model in India

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Many organisations and changemakers in India have tried to bring the holistic model of education, which is fundamentally the need of the hour. Khoj Community School in Mumbai is one of a kind which was founded on the principle that education is a gift that should be available to all children. They don't mean the rote-based education that is taught in the majority of schools in India, where learning is confined to the curriculum and blackboards, but rather a more comprehensive approach to information transfer that encourages students to learn beyond memorization of facts and grades.

With these ideals in mind, Amrita Nair, Sangeeta Zombade, and Rohit Kumar built the Khoj Community School in Mumbai's Lallubhai Compound as a means of giving students from less fortunate social groups access to high-quality education. The school aims to serve as a lab school for contextually appropriate research, training, and development for advanced educational techniques in India. It begins with kindergarten and is structured on the idea of adding the next standard with each passing year until grade 10. The school is founded on the following key principles: Concept-based Curriculum, Multicultural Education, and Community Development in order to provide our kids with an education that is of the highest calibre, contextually relevant, and integrated with Social and Emotional Learning (SEL). (Priya S.2018)

It is clear from the aforementioned example that no matter how complex the issue may be and how long it may take to fix, you never know how much value a group of young enthusiasts may provide to these kids' lives, recognising that values may be instilled through creativity, role playing, hands-on projects, outdoor classrooms, and engaging activities rather than through the traditional manner of rigid lecture teaching. Children need to be taught to dream bigger, not history or politics, at the end of the day.

Conclusion

In a world where the only constant is change, it is crucial to recognise the $n_{\mbox{\footnotesize eed}}$ for change in fields like education. The current models may work well for somegroups of pupils, but it's crucial to recognise that every person is special in their own way and shouldn't be forced to study using a particular method. Successes of young activists for the cause show that change is both achievable and necessary, which opens the door for governments and states to create inclusive programmes for children, so that education is not only a distant dream. The secret to making learning easier for teachers and students alike will not come overnight, but rather gradually shift toward holistic learning and growth. References

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Mr. Sandeep Karabhari, Asst. Prof. Department of English, BRB College of Commerce, Baichur, Affiliated to Raichur University, Raichur, E-Mail: karabharisandeep35@gmail.com

A Revolutionary Step towards Digital India of NEP 2020

* Dr. Ravi C.S

Abstract

Effective integration of ICTs into educational system is a complex and multifaceted process that involves in educational policy and planning, infrastructure, capacity building, language and content and financing. With the paradigm shift in the curriculum, teacher acts as a facilitator in a student centred learning and ICT based education makes the teaching learning process effective. ICT implementation has given a magnificent opportunity for the Education Implementation specialists to reanalyze what we want our future leaders of India to be like. NEP 2020, an expert committee led by former Indian Space Research Organization (ISRO) Chief KrishnaswamyKasturirangan was recommended the education policy which has broaden the horizon of India education system mainly forused on technological based education which will develop in students' inventive thinking, higher order thinking and sound reasoning, effective communication, and high productivity. This paper based on secondary data. In this context, this paper focuses on the following aspects; digital education practices in India, the concept of NFP 2020, various issues in NEP 2020 towards ICT in India.

Keywords: ICT, online, Digital learning Higher education, National education policy 2020.

Introduction!

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The recent rise in epidemic and pandemics necessitates that we are ready with alternative modes of quality education whenever and wherever traditional and inperson modes of education are not presible. In this regard, the National Education

Addressing the Digital Divide:

Addressing the digital divide the policy said to give educational programmes that will be made available 24/7 different languages to carter to the varying needs of the student population.

Emergence of digital technologies:

ICT policy in Education suggested to conduct pilot studies for online education, development online teaching platforms and tools with existing e-learning platforms such as SWAYAM, DIKSHA, will be extended to provide teachers with a structured, user friendly, rich set of assistive tools for monitoring progress of learners. Tools such as ,two way video and two way audio interface for holding online classes are a real necessity as the present pandemic has shown.

Content Creation, Digital repository and dissemination:

A digital repository of content including creation of course work, learning games and simulations, Augmented reality and virtual reality will be developed with a clear public system for rating by users on effectiveness and quality. For fun bases learning student appropriate tools like apps, gamification of Indian art and culture, in multiple languages with clear operating instructions will also be created. A reliable backup mechanism for disseminating e-content to students will be provided.

Virtual Labs:

There is a need with existing e-learning platforms such as SWAYAM, DIKSHA, will also be leveraged for creating virtual labs so that all students have equal access to quality practical and hands-on experiment based learning experiences.

Online Assessment and examinations:

- Blended models of Learning: While promoting digital learning and education, the importance of face to face in person learning is fully recognized. Accordingly different effective models of blended learning will be identified for appropriate replication for different subjects.
- Training and Incentives for teachers: Teachers will undergo rigorous training in learner-centric pedagogy on how to become high quality online content creators themselves using online teaching platforms and tools. There will be emphasis on the teacher's role in facilitating active student engagement with the content and with each other.